

Sewing for Life

This is a great project for women and men who enjoy sewing and will be a great help to the Hope Pregnancy Centers in Oklahoma City and Tulsa. Positive bags are given to clients who come to a Hope Pregnancy Center and have a "positive" pregnancy test and choose to parent their child. This is the first baby gift to a new mom celebrating the new life within her and helps the expectant mother accept the reality of her pregnancy.

Each bag contains literature (such as "What to Expect When You're Expecting"), a Gospel tract, a diaper, a pacifier, a onesie, other small baby items, and a small gift for mom. The bags are a gift to the clients to help them understand the reality of a new and wonderful life growing within them.

Each center gives away more than a dozen bags each week, and they are always in need of more bags. This project is a wonderful activity for a mission or ladies group.

How It Works

- 1. Enlist someone to coordinate the project and begin publicizing it.
- 2. Purchase the fabric or encourage members of your church to donate fabric. Sturdy fabric works best and sewing instructions are on the following page. Call one of the Hope Pregnancy Centers if you have questions.
- 3. Participants can either take the fabric home to sew, or set a date for people to bring their sewing machines to church and have a "sewing party" like a quilting group. You could first plan a "cutting out" fellowship for those who want to help but do not know how to sew.
- 4. You might challenge another group or your entire church to purchase items to go in the positive bags or collect money for the center to purchase the items.
- 5. Set a date for the bags to be brought to your church (if the sewing took place in homes).
 - 6. You might plan a fellowship to collect the bags and the items to go in them and either display the bags or have a fashion show with the bags.
 - 7. Invite someone from a Hope Pregnancy Center to speak to your group at the beginning or end of the project. Call one of the centers for details.
 - 8. Deliver the bags to a Hope Pregnancy Center and pray for the ladies who will receive them.

